

**WESTERN NEW MEXICO UNIVERSITY**  
**Degree Plan - Kinesiology Major (0833)**  
**School of Allied Health**

Student Name: \_\_\_\_\_ ID \_\_\_\_\_ Tel #: \_\_\_\_\_ Degree Type \_\_\_\_\_  
 Address: \_\_\_\_\_ Email: \_\_\_\_\_ ☐ BS  
 (complete - incl street, city, state, zip) \_\_\_\_\_ ☐ BA  
 Catalog Authority: 2016-17 Expected Completion \_\_\_\_\_ Advisor: \_\_\_\_\_

**GENERAL EDUCATION REQUIREMENTS (41)\***

**Area I - Oral Communications (3)**

Pick one of the following: COMM 110, THR 250

Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 or Transfer: TGE (COMM 175) \_\_\_\_\_

**Area I - Written Communications (6)**

ENGL 101 Comp & Rhetoric I (3) \_\_\_\_\_  
 ENGL 102 Comp & Rhetoric II (3) \_\_\_\_\_  
 or Transfer: TGE (ENGL 175) for ENGL 102 only \_\_\_\_\_

**Area II - Mathematics (3)**

MATH 105, 106, 121, 131, 132 or 171  
 Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
 or Transfer: TGE (MATH 175) \_\_\_\_\_

**Area III - Laboratory Science (8)**

BIOL 101/103 Bio for Hlth Scier (4) \_\_\_\_\_  
 CHEM 121/123 Chem for Life (4) \_\_\_\_\_  
 or TGE (BIOL 175, CHEM 175) \_\_\_\_\_

**Area IV - Social and Behavioral Sciences (6-9) \*\***

Pick 2 courses from different groups of the following:

- 1) ANTH 201, 202, 212/214; GEOG 201, 202, 205  
 2) ECON 200, 201, 202 3) POLS 201, 202  
 4) SOC 101, 102, BSAD 100, CJUS 111, SWK 101

PSY 102 General Psychology (3) \_\_\_\_\_  
 Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 or Transfer TGE (ANTH 175, ECON 175, GEOG 175, POLS 175,  
 PSY 175, SOC 175) \_\_\_\_\_

**BS Requirement (6)**

MATH 111 Intermediate Algebra (3) \_\_\_\_\_  
 MATH 321 Statistics (3) \_\_\_\_\_

or

**Area V - Humanities and Fine Arts (9-12) \*\***

Pick 3-4 courses from at least 3 separate categories below:

**1) History** HIST 111, 112, 201, 202

Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 or Transfer: TGE (HIST 175) \_\_\_\_\_

**2) Literature** ENGL 150, 200, 205, 225, 293  
 ENGL 294, 296, 297; LALS 243

Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 or Transfer: TGE (ENGL 275) \_\_\_\_\_

**3) Aesthetics (Art, Music, Theater)**

ART 211, 241, 261; MUSC 111, 119; THR 110, 136, 211  
 Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
 Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
 or Transfer: TGE (ART 175, MUSC 175, THR 175, HUM 175)

**4) Philosophy** PHIL 100, 101, 200

Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 or Transfer: TGE (PHIL 175) \_\_\_\_\_

**Technology Literacy (3)**

CMPS 110, CMPS 111, ART 140, or take a challenge exam.

Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 or Transfer: TGE (CMPS 175) \_\_\_\_\_

\* Includes 35 hours of the NM Common Core  
 plus 6 additional WNMU hours

\*\* The total credits from Area IV and Area V  
 must be 18 hours.

Note: TGE = Transferred General Education courses  
 listed by HED or other transfer agreements,  
 but with no WNMU equivalent

**BA Requirement (minimum of 3 credit hours)**

Completion of one of the following: SPAN 202, SPAN 252,  
 SPAN 214 or any upper level Spanish course.

Course: \_\_\_\_\_ (3) \_\_\_\_\_  
 Course: \_\_\_\_\_ (3) \_\_\_\_\_

## Degree Plan - Kinesiology Major

Student Outcomes Assessment completed ☐ yes

### SUPPORTING COURSEWORK (2 credit hours)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 213 First Aid	(2) _____	_____

### KINESIOLOGY CORE COURSES (46 hours minimum)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 201 Intro to Kinesiology	(3) _____	_____	KINS 404 Psychology of Injury	(3) _____	_____
KINS 215 Prevent & Treatmnt	(3) _____	_____	KINS 408 Assessmnt in Mv Sc	(3) _____	_____
KINS 240 Kinesiology	(4) _____	_____	KINS 412 Skill Acquis/Lifespan	(3) _____	_____
KINS 300 Nutrition/Diet Th	(3) _____	_____	KINS 440 Ex Prescript/Spec Pop	(3) _____	_____
KINS 341 Physiology of Exercis	(3) _____	_____	KINS 441 Principles of Conditio	(3) _____	_____
KINS 343 Biomechanics	(3) _____	_____	KINS 460 Exercise & Aging	(3) _____	_____
KINS 350 Wellness Pr Mgmt	(3) _____	_____	KINS 481 Internship in Kines	(3) _____	_____
KINS 400 Motor Behavior	(3) _____	_____			

### Additional Recommended Courses

HLTH 460 Well/Prog/Plan/Eval	(3) _____	_____	PE 245 Hist & Phil in Mov Sci	(3) _____	_____
HLTH 465 Wellness of Sr Pop	(3) _____	_____	PE 406 Sports Psychology	(3) _____	_____
PE 218 Intro to Coaching	(3) _____	_____	PE 445 Sport in Amer Culture	(3) _____	_____

### MINOR DEGREE COURSES (18-24 hours outside the Kinesiology discipline)

Minor: \_\_\_\_\_ Number of Credits: \_\_\_\_\_  
(attach degree plan worksheet for your minor, with course details)

### Upper Division outside Kinesiology and Other Courses (if taken)

Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____

Service Learning 3 credits: \_\_\_\_\_ Sem/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Upper Division Hours (42 minimum): \_\_\_\_\_ Writing Intensive Hours (12 minimum): \_\_\_\_\_

Total Hours (120 minimum required): \_\_\_\_\_ Copy to Registrar: date: \_\_\_\_\_

Original completed: date: \_\_\_\_\_ Grad. Audit sent: date: \_\_\_\_\_

Updated: \_\_\_\_\_

Student Signature: \_\_\_\_\_ date: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_ date: \_\_\_\_\_